



Lesson 4: “God’s Words Are Good for My Heart”

Online Crew Club Plan

<u>Key Teaching Point</u>	God is good, and I can be his child.
<u>Key Bible Verse</u>	“See how very much our Father loves us, for he calls us his children, and that is what we are!” 1 John 3:1 (NLT)
<u>Scripture Passage</u>	“Jesus teaches and feeds the 5,000” (Luke 9:10-17)
<u>Materials</u>	<ul style="list-style-type: none">• A Bible• 04: “God’s Words Are For My Good” Zoom Slides
<u>Mystery Bag</u> (Optional)	<ul style="list-style-type: none">• A non-perishable, individually-wrapped snack

Relate (20 minutes)

Welcome crew members.

Greet crew members as they sign on.

Icebreaker Options (Choose one):

- Ask students to share their highs and lows (the best and worst things that happened to them either today or from the past week).
- Rosebud: Ask students to share a highlight or success from the week (a rose), a challenge or disappointment from the week (a thorn) and something they are looking forward to doing or experiencing in the week ahead (a bud).
- Open a discussion with the question, “How many loaves of bread would it take to feed 500? 1,000? 5,000?”

Play a game.



Mystery Food Game¹

Choose a student, and in the chat assign them a snack or food item. Then, they should provide two-to-three clues about the mystery food they are assigned. Let the other students raise their hands to make guesses. The first person to guess correctly wins the round.

You could also choose your own game from the [Zoom Playbook](#).



Receive (20 minutes)

Hear God's Word.

Use emojis to help tell the Bible story from Luke 9:10-17. Read the script below, share your screen with the students and flip through the emojis in the Zoom slides for lesson 4 as they appear in the script. The slides are already in order.

The crowds followed Jesus, excited to hear what he would say. (EXCITED) He welcomed them and taught them about the Kingdom of God, and he healed those who were sick. (SICK)

Late in the afternoon, the twelve disciples came to him frustrated (FRUSTRATED) and said, "Send the crowds away to the nearby villages and farms so they can find food and lodging for the night to sleep. (SLEEPY) They might be sad (SAD), but there is nothing to eat here in this remote place."

But Jesus said, "You feed them." (FINGER POINT)

"But we have only five loaves of bread and two fish," they answered. (ANGRY) "Or are you expecting us to go and buy enough food for this whole crowd?" (COMPLAINING) For there were about 5,000 men there. (SURPRISE)

Jesus replied, "Tell them to sit down in groups of about fifty each." So the people all sat down. Jesus took the five loaves and two fish, looked up toward heaven, (EYES UP) and blessed them. (PRAYER HANDS) Then, breaking the loaves into pieces, he kept giving the bread and fish to the disciples so they could distribute it to the people. They were all so happy (HAPPY) and ate as much as they wanted, and afterward, the disciples picked up twelve baskets of leftovers! (SURPRISE)

What does this story show you about Jesus?

¹ Mystery bag version: Students could receive a snack in their mystery bag for the week. Give each student a different snack.



Take responses from two or three students.

Where do you think Jesus got the power to perform such an amazing miracle?

Take responses from two or three students.

Jesus is all-powerful because he is one with God the Creator. Jesus is God! He is good and loving. He cared for the people and provided for their needs by feeding them.

What else did Jesus give to the people that day? His words! Jesus taught the people and they listened because God's words are good. Food and water give life to our bodies; God's words give life to our hearts.

Where do we find God's words for us today?

Take student responses.

That's right, in the Bible.

Hold up a Bible.

Speaking of the Bible, let's review our verse, God's Word for us.

Review the [Bible verse](#):

“See how very much our Father loves us, for he calls us his children, and that is what we are!” 1 John 3:1 (NLT)

God is a good and loving Father, and his words are good for our hearts!

Engage and explore the story.

Encourage students to participate in an interactive discussion by incorporating observation questions into a game when possible. See the CKC Games Bag for ideas.

- **Why did the crowds of people come to see Jesus?** (They came to hear his teaching and learn from him.)
- **What else did the crowd need?** (They needed food to eat.)
- **Why do you think the people wanted to hear Jesus' words?** (Answers will vary.)
- **How did Jesus provide for the crowd?** (He did a miracle and fed 5,000



people with only five loaves of bread and two fish.)

- **How does God take care of your needs?** (Answers will vary. Emphasize that God takes care of our physical needs, but he also takes care of the needs of our heart by sending Jesus to us and giving us the Bible.)



Respond (20 minutes)

Apply God's truth.

Ask students, **“What are some examples of things that are good for you?”**

Take student responses. You may want to use the whiteboard feature on Zoom to receive the student responses.²

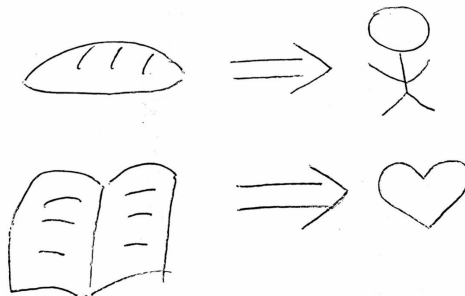
Examples:

- Healthy food
- Exercising
- Getting enough sleep

Discuss:

- **Why are these things good for you?**
- **What happens when you do things that are good for you?**
- **What happens when you don't?**

Pull up the following image in the Zoom slides or use the whiteboard feature on Zoom and draw the image:



In today's story, Jesus fed the crowds because their bodies needed food. But

² To access the whiteboard feature on Zoom, click the “share screen” button at the bottom of your screen and select the whiteboard option.



he also gave them something their hearts needed—his words. God’s words are for our good.

God’s words are for our good. He gives us his words in the Bible. How are God’s words good for us?

Take student responses.

Examples: God’s words . . .

- Show us what is true and good.
- Help us know God and his love for us.
- Teach us to walk in wisdom.
- Encourage us to do the right thing.
- Transform our hearts to be right with God.

Do you believe that your Creator’s words are for your good? Just like it’s important to fill your body with good food, it’s important to fill your mind and heart with God’s words. How can you fill your heart with more of God’s words this week?

Pray together.

When Jesus taught his disciples to pray, he used the following words:

“Give us today the food we need” (Matthew 6:11, NLT). Note that other versions of the Bible use the word *bread* in this passage.

God is a good and loving Father who cares for us. We can come to him and tell him our needs. He wants us to trust that he loves and cares for us. Just like Jesus provides for the hungry crowd, God is able to provide for the needs in your life.

What are some things that you or your family need from God right now?

Take prayer requests, and close in prayer.

