



# Lesson 6: “The Sick Need a Doctor”

## 6-8 In-Person Crew Club Plan

<b><u>Key Teaching Point</u></b>	I need a new heart.
<b><u>Key Bible Verse</u></b>	“And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart.” (Ezekiel 36:26 NLT).
<b><u>Scripture Passage</u></b>	“Jesus cares for sinners” (Luke 5:27-31)
<b><u>Materials</u></b>	<ul style="list-style-type: none"> <li>● A Bible</li> <li>● A pad of mini-sticky notes</li> <li>● An index card, one per student</li> <li>● Handout 1, two copies</li> <li>● Handout 2, one copy for every two students</li> <li>● Eight sheets of 8 1/2-by-11 inch copy paper</li> <li>● Question Pack, one per group*</li> <li>● ZAP! Game, one per group*</li> <li>● A pen and paper to keep score</li> <li>● Pens or pencils*</li> <li>● A bag of M&amp;M’s®</li> </ul>

\*Materials marked by an asterisk are in the CKC Games Bag.

### **Relate** (20 minutes)

Welcome students to club with a snack.

Distribute name tags and snacks. Choose one of the following icebreaker activities to do together while students eat their snack:

Icebreaker Options (Choose one.)



- Ask students to share a highlight or success from the week (a rose), a challenge or disappointment from the week (a thorn) and something they are looking forward to doing or experiencing (a bud).
- Let students take turns sharing how they're feeling today using the Feelings Wheel (from the CKC Games Bag).
- Open a discussion with the question, "If you were going to throw a party and you could invite anyone (an important figure, a celebrity, etc.), who would you invite?"

### Build relationships.

#### ZAP! (with Question Pack)

Divide students into two teams and assign a scorekeeper. Ask a student from the first team a question from the Question Pack. Refer to the instructions included with the ZAP! game in the CKC Games Bag.

### Play a game.

#### See the Doctor!

Before the club session, print and cut out the cards in Handout 2. There should be one handout for every two students. Write each of the following types of doctors on separate sheets of paper and spread them out around the room where students can see them:

- Dermatologist
- Podiatrist
- Optometrist
- Orthopedist
- Otolaryngologist
- Pulmonologist
- Dentist
- Allergist

Instruct students to find a partner. If you have an odd number of students, you may need to pair up with a student. Ask each pair to come up with a name to represent their "patient" in the game, for this will be their team name for the duration of the game. Give each pair of students a set of cards from Handout 2, and instruct them to write the name of their patient on each of the cards so that their team can be identified. Tell students that the goal of the game is to correctly identify which specialist can help with each symptom or condition listed on the cards they've been given. (Don't tell students what each doctor does until after the game!)

Give students five minutes to work together with their partner to identify which doctor to take their patient to for each card. Students will make their selections by placing each card by or on the sheet of paper that has the type of doctor that they are taking their patient to see for that particular symptom or condition.



After the time is up, go through what each doctor does and give points to each team that correctly matched the symptom or the condition with the doctor that their patient needed to see. The team with the most points wins! The answers are below:

- *Dermatologist (treats problems of the skin)*: “I went on a hike and decided to go off the trail. I may have happened upon some poison ivy.”
- *Podiatrist (treats problems with the feet)*: “Every time I run a race, my feet ache, and I have to put them in ice for several hours!”
- *Optometrist (treats problems with the eyes)*: “The whiteboard in my classroom is getting harder and harder to see.”
- *Orthopedist (treats problems of the bones)*: “I fell off my bike, I can’t even move or bend my arm! I think it might be broken.”
- *Otolaryngologist (treats problems of the ears, nose, and throat)*: “It seems like every month I have a sore throat. I think I might need to get my tonsils removed!”
- *Pulmonologist (treats problems of the lungs)*: “I can’t stop coughing and wheezing! Sometimes, it’s difficult to breathe! I think I have pneumonia!”
- *Dentist (treats problems of the teeth)*: “My two front teeth got knocked out during soccer practice! The ball hit me right in the face!”
- *Allergist (treats problems with allergies)*: “When my grandma brought her cat over, my eyes got red and puffy and I couldn’t stop sneezing!”

### Who is the doctor of the spiritual heart?

Take student responses.



### Receive (20 minutes)

#### Hear God’s Word.

Challenge students to think about the story and how each of the different characters in the story might have thought or felt about the circumstances and events. Tell students to listen to the story as you read it aloud.

Read Luke 5:27-31.

Instruct students to try and retell the story from each character’s point of view: Jesus, Levi and the tax collectors, and a Pharisee.

Open a discussion: **What did you learn by imagining this story from these three different perspectives? How does Jesus want us to approach him? How does Jesus approach us?**



**In the Bible story, Jesus said, “The healthy don’t need a doctor, but the sick do.” Jesus sees himself as a *doctor* for the sinner and for the tax collector. A doctor helps people who are sick become healthy. How do doctors help people who are sick become healthy? How do you think Jesus helps us become healthy?**

Take student responses.

**A doctor helps sick people become healthy by making changes to a person’s life. Usually, the doctor orders their patients to take medicine, to exercise more, to change the food they eat, or to change their habits so that they can become healthy. A doctor makes changes so that our bodies can become healthy again. Jesus is the doctor of our hearts, and he wants to make a change in us. He wants to take out our sinful heart and give us a new heart. He came to save people who know their problem with sin and want to change and be healed, like Levi and his friends.**

Engage and explore the story.

Encourage students to participate in an interactive discussion by incorporating observation questions into a game when possible. See the CKC Games Bag for ideas.

- **Who was Levi?** (A tax collector.)
- **Why did the religious leaders dislike tax collectors?** (Tax collectors had a reputation for bad behavior: cheating, lying, being greedy, etc.)
- **How did Jesus treat Levi? What did he say to him?** (He treated Levi with kindness and acceptance. He called Levi to follow him and become his disciple.)
- **How did Levi respond?** (Levi got up and followed Jesus. Then he threw a party to honor Jesus and invited all his tax collector friends.)
- **What is surprising about this story?** (Answers will vary.)
- **How do you think Levi’s life was different after he met Jesus?** (Answers will vary. He probably changed his behavior because he experienced Jesus’ love and became his disciple and a close friend of Jesus.)
- **Who does Jesus come to help?** (Jesus came to help sinners, people who know they need to be rescued by God and want him to heal their hearts.)



## **Respond (20 minutes)**

Apply God’s truth.

For the following activity, each student will receive five colored M&Ms® each, one at a time: red, yellow, green, blue, and orange.

**Jesus said in today’s story that the sick need a doctor. Every human being**



has a heart that is sick. When our hearts are sick, we don't go to the doctor's office, but we go to God's Word to get his prescription because God is the doctor of our hearts.

**What is a prescription?**

Take student responses.

**A prescription is something that doctors order for their patients when they are sick. Patients then have to take the prescription so that they can be healthy. We cannot receive a prescription and get healthy if we don't first go to the doctor, and we cannot get healthy if we don't take the prescription that the doctor orders for us! In the same way, our hearts cannot be healthy if we don't go to God, the doctor of our hearts, to receive his prescription for us or if we don't take the prescription that God has ordered.**

**What is God's prescription? We can find God's prescription in the Bible! We are going to use M&Ms<sup>®</sup> to represent God's prescription for us. Let's listen and hear what God's prescription is. But remember that our hearts cannot become healthy if we don't take God's prescription. We do this by agreeing in our hearts with what God's Word says. Let's hear and agree with God's Word now.**

Give each student a yellow M&M.<sup>®</sup>

**This yellow M&M<sup>®</sup> represents being in God's presence. In God's presence is light and perfect holiness because God is perfect, and when we can be in his presence, we experience life and joy like the feeling of being in the sunshine! In God's presence, there is no darkness! But, because of the sin in our hearts, we can't be in God's presence because God is holy and perfect.**

Instruct students to eat their yellow M&Ms.<sup>®</sup> Then give each student a red M&M.<sup>®</sup>

**This red M&M<sup>®</sup> represents the sin in our hearts. Because God is perfect and can't be in the presence of sin, he can't let sin continue forever. God takes sin seriously because it separates us from him! For this reason, the punishment of sin is death. God sent his Son, Jesus, to experience the punishment for the sin in our hearts. He died for us! To take God's prescription, we have to believe and agree that we have a serious sin problem in our hearts and we need God's healing. We also believe and agree that Jesus died to be punished for our sins.**

Instruct students to eat their red M&Ms.<sup>®</sup> Then, give each student a blue M&M.<sup>®</sup>



**This blue M&M® represents the washing away of our sins and the new, clean heart we can receive from Jesus. Jesus took the punishment for all of our sins and brought them to die and to be buried with him so that our sins could be washed away. Then, Jesus rose again to offer us a new heart—God’s own heart, which is a clean heart that has no sin! If you accept this new heart from Jesus, you can live in God’s presence and light because all your sin has been washed away! To take God’s prescription, we have to believe and agree that our sins are washed away and that our sinful hearts have been replaced with a new, clean heart because Jesus died, was buried, and rose again.**

Instruct students to eat their blue M&Ms.® Then, give each student a green M&M.®

**This green M&M® represents growth. Once you receive a new heart from God, it takes time to learn how to live with that new, clean heart. We learn to live with a new heart by reading the Bible where we can learn about God’s ways and get to know more about Jesus, who shows us what it looks like to obey and live by God’s Word and to live with a clean heart. As we learn to live with our new heart each day, we find out that we grow more and more like Jesus in how we live and love others! To take God’s prescription and to keep our hearts healthy, we have to believe and agree that God’s Word, the Bible, is for our good, and that learning from and trusting in Jesus can help us become more like him!**

Instruct students to eat their green M&Ms.® Then, give each student an orange M&M.®

**This orange M&M® represents that something new is just around the corner, just like an orange sunset signals to us that a new day is up ahead. God’s promise is that one day, Jesus will come and establish a mighty kingdom that is perfect. If you receive a new, clean heart from God, you will get to live in Jesus’s kingdom forever! In Jesus’s kingdom, our hearts will not have to experience sin, sorrow or pain. Our hearts will be healthy forever!**

Instruct students to eat their orange M&Ms.®

Play a Bible verse game.

Review the Bible verse and play the suggested Bible verse game.

“And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart.” (Ezekiel 36:26 NLT).



### Bible Verse Game: Sticky Note Tic-Tac-Toe

Materials: a pencil, a pad of mini sticky notes, two copies of Handout 1 (to play twice)

Divide students into two teams. Ask everyone to recite the verse. Select a player from team one to write an X on a sticky note and cover one of the squares on the grid of the handout. Ask students to recite the verse again. A player from team two will draw an O on a sticky note and cover another box. Continue until Tic-Tac-Toe is complete. Repeat the game.

### Sing and worship together.

Pick a song from the [Praise and Worship Guide](#), or choose one of your own. Incorporate movement into the songs whenever possible.

### Pray together.

**We learned from God’s Word that we have sin in our hearts that separates us from God’s presence and keeps us from following God’s ways. Jesus wants to heal our hearts. God’s Word tells us that if we want Jesus’ healing, we need to confess our sins.**

**That might be a new word for many of you. Does anyone know what the word *confess* means?**

Take student responses.

**To confess means to admit that you have sin in your heart and that you need Jesus’ healing. The tax collectors in today’s story recognized their need for Jesus’ healing because of the sin in their hearts.**

**You can probably think of a time when someone did something wrong, but they didn’t admit they were wrong. This is like the religious leaders in today’s story. The Pharisees thought that just because they obeyed all God’s rules on the outside, they were good in God’s eyes and didn’t need healing in their hearts. But, on the inside, the Pharisees needed healing too! The Pharisees were sick, but didn’t go to the doctor, so their hearts were not made well.**

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**hearts healed, too! The Pharisees were sick, but they didn't think they needed Jesus to heal their hearts, so their hearts were not made well.**

**That is why Jesus invites us to confess that we need his healing in our hearts and to admit that we need to see a doctor about our sinful hearts. Then our hearts can be made well!**

**We are going to pray quietly in our hearts for a moment. Where do you need God's healing in your heart?**

Give each student an index card to write their response to the question. Give several examples of areas where God's healing might be needed. (unforgiveness, pride, greed, selfishness, gossip) If you feel led, share an area where you need God's healing in your heart.

Then, take prayer requests and close the group in prayer.





## Handout 1: Sticky Note Tic-Tac-Toe

<b>And I will give</b>	<b>you a new heart,</b>	<b>and I will put</b>
<b>a new spirit in you.</b>	<b>I will take out</b>	<b>your stony, stubborn heart</b>
<b>and give you a</b>	<b>tender, responsive heart.”</b>	<b>Ezekiel 36:26 NLT</b>



**Handout 2: See the Doctor!**

<p>“Every time I run a race, my feet ache, and I have to put them in ice for several hours!”</p>	<p>“I can’t stop coughing and wheezing! Sometimes, it’s difficult to breathe! I think I have pneumonia!”</p>
<p>“The whiteboard in my classroom is getting harder and harder to see.”</p>	<p>“My two front teeth got knocked out during soccer practice! The ball hit me right in the face!”</p>
<p>“I fell off my bike, I can’t even move or bend my arm! I think it might be broken.”</p>	<p>“I went on a hike and decided to go off the trail. I may have happened upon some poison ivy...”</p>
<p>“It seems like every month I have a sore throat. I think I might need to get my tonsils removed!”</p>	<p>“When my grandma brought her cat over, my eyes got red and puffy and I couldn’t stop sneezing!”</p>

