



## Lesson 5: God is Healer 6-8 In-Person Plan

<b><u>Key Teaching Point</u></b>	God heals, and he cares for me when I am hurting.
<b><u>Bible Verse</u></b>	“O Lord, if you heal me, I will be truly healed; if you save me, I will be truly saved.” (Jeremiah 17:14a, NLT)
<b><u>Scripture Passage</u></b>	“God heals Naaman.” (2 Kings 5, NLT)
<b><u>Materials</u></b>	<ul style="list-style-type: none"> <li>● Bible</li> <li>● A box of band-aids</li> <li>● A permanent marker</li> <li>● One copy of Handout 1</li> <li>● One sheet of 8 1/2-by-11 inch copy paper per student</li> <li>● Pens or pencils*</li> </ul>

\*Materials marked with an asterisk are in the CKC Games Bag.

### **Relate** (20 minutes)

#### Welcome students with a snack.

Distribute name tags and snacks. Choose one of the following icebreaker activities to do together while students eat their snack:

#### Icebreaker Options (Choose one):

- Rosebud: Ask students to share a highlight or success from the week (a rose), a challenge or disappointment from the week (a thorn) and something they are looking forward to doing or experiencing in the week ahead (a bud).
- Let students take turns sharing how they’re feeling today using the Feelings Wheel (from the CKC Games Bag).
- Open a discussion with a question, “What helps you when you're feeling sick or hurting?”

#### Play a game.

##### Band-Aid Tag

Choose one student to be “it.” Whoever is “it” can tag other players. When a player is tagged, they must hold a band-aid on the spot they were tagged by placing their hand there. Each player gets two band-aids (two hands), and when they run out of band-aids (meaning they’ve been tagged three times), they are frozen until other players heal them. To heal a player, two other unfrozen people need to tag the frozen person at the same time and count to five. The leader may end the game after a set amount of time and choose a new player to be it. Note: When giving instructions for the game, set and model appropriate boundaries for where they may tag another student on the body – (e.g. arms, shoulders, upper back, etc.)



## **Receive (20 minutes)**

### Read God’s Word.

**Opening: I’m sure you all have stories about being sick! Today’s story is about a guy who had a terrible disease that you and I have never had. People a long time ago used to get a skin disease called leprosy. Leprosy was a terrible skin disease that people suffered from in the ancient world. There was no cure for it and it was very contagious.**

**So, listen as I read this true story from the Bible (hold up a Bible).**

**Naaman was a mighty warrior from a kingdom called Aramea who suffered from a terrible skin disease called LEPROSY.**

**Naaman’s family had a young servant girl who had been captured during a war with the nation of Israel. The young girl felt compassion for her MASTER who had been struck with LEPROSY, and she said “I wish my MASTER would go to see the PROPHET in Samaria. He would HEAL him of his LEPROSY.”**

**So Naaman told the KING, his MASTER, what the young girl from Israel had said about a chance for him to be HEALED. “Go and visit the PROPHET,” the KING told him. “I will send a letter of introduction for you to take to the KING of Israel.” So Naaman started out, carrying as gifts 750 pounds of silver, 150 pounds of gold, and ten sets of clothing. The letter to the KING of Israel from the KING of Aramea said: “With this letter I present my servant Naaman. I want you to HEAL him of his LEPROSY.”**

**When the KING of Israel read the letter, he tore his clothes in dismay and said, “Am I God, that I can give life and take it away? Why is this KING asking me to HEAL someone with LEPROSY? I can see that he’s just trying to pick a fight with me.”**

**But there was a man of God named Elisha who was a PROPHET. He heard that the KING of Israel had torn his clothes in dismay, he sent this message to him: “Why are you so upset? Send Naaman to me, and he will learn that there is a true PROPHET here in Israel.”**

So Naaman went to see if he could be HEALED and took his horses and chariots and waited at the door of the PROPHET Elisha's house. But Elisha sent a messenger out to him with this message: "Go and wash yourself seven times in the Jordan River. Then your skin will be restored, and you will be HEALED of your LEPROSY."

But Naaman became angry and stalked away. "I thought he would certainly come out to meet me!" he said. "I expected him to wave his hand over the LEPROSY and call on the name of the Lord his God and HEAL me! Aren't the rivers of Damascus, the Abana and the Pharpar, better than any of the rivers of Israel? Why shouldn't I wash in them and be HEALED?" So Naaman turned and went away from the PROPHET'S house in a rage.

But his officers tried to reason with him and said, "MASTER, if the PROPHET had told you to do something very difficult, wouldn't you have done it? So you should certainly obey him when he tells you to do something easy like, 'Go and wash and be HEALED!'" So Naaman went down to the Jordan River and dipped himself seven times, as the PROPHET had instructed him. And his LEPROSY vanished! His skin became as healthy as the skin of a young child, and he was HEALED!

Then Naaman and his entire party went back to find the PROPHET Elisha. They stood before him, and Naaman said, "Now I know that there is no God in all the world except in Israel. No doctor, not even a KING could save me from my LEPROSY! God is the true HEALER!

God saved Naaman when no one else could help him. That's who God is - God is Healer. What does God heal us from?

Take student responses.



## **Respond (20 minutes)**

Apply God's truth.

Open a discussion:

- **How do you think having a disease like leprosy affected Naaman's life?** (Answers will vary.)
- **How do you think Naaman felt when he found out the King of Israel couldn't help him?** (Discouraged, sad, upset, etc.)
- **How did Elisha show that he was a true prophet of God?** (He delivered God's message to Naaman, God showed his power to heal through Elisha)
- **What did Naaman have to do to be healed?** (He had to follow Elisha's instructions to wash in the river.)
- **What do you think might have happened if Naaman didn't follow Elisha's instructions?** (Answers will vary.)
- **What did Naaman learn about the God of Israel?** (God is the one true God, he is Healer)

- **How does God heal people today?** (God sometimes chooses to heal people when we pray in faith.)

Review the Bible verse.

**Jeremiah was a prophet of God. He tells us that God is the true Healer. In the story today, Naaman went to look for healing from some different places. Where did he look for healing?**

Take student responses.

**Naaman thought the king of Israel could help him, and he also was expecting the prophet Elisha to heal him. He may have looked for healing beforehand from his own king, or doctors in his own land. But no one could give him true healing except God. What else does the verse say God does?** (God saves.)

**What kinds of things do people need to be healed or saved from?**

Take student responses.

**Ultimate healing from sickness, pain, sadness, or any kind of trouble comes from God the Healer. He takes things that are sick or broken in our lives and makes them healthy. He doesn't just heal our bodies, but he heals our hearts. Jeremiah said God can truly save us. He can heal us from bad habits, wrong choices we've made, problems in our relationships, etc. God heals us inside and out!**

One by one, show students cards from Handout 1: God Heals Me From the Inside Out! Discuss four or five of the cards, depending on how much time remains.

- **How might God heal someone from \_\_\_\_\_?**
- **What would the person be like before and after God's healing?**

Sing and worship together.

Pick a song from the [Praise and Worship Guide](#), or choose one of your own. Incorporate movement into the songs whenever possible.

Close in prayer together.

**When we need healing, God wants us to pray to him in faith. He has the power to heal and he wants us to pray to him believing in his power.**

Journal question: **How does it feel to know that God can heal you from....?** (Ask students to pick one of the cards that they are struggling with and journal about it.)

Take any additional prayer requests.

Close in prayer. Pray specifically for the things that students may have written in their journal about being healed from.

## Handout 1: God Heals Me Inside and Out!

God heals me  
inside and out!



God can heal me from worry.

"Give all your worries and cares to God, for  
he cares about you."  
1 Peter 5:7

God heals me  
inside and out!



God can heal me from sadness.

"I will turn their mourning into joy."  
Jeremiah 31:13

God heals me  
inside and out!



God can heal me from loneliness.

"I am with you always."  
Matthew 28:20

God heals me  
inside and out!



God can heal me from fear.

"Don't be afraid, for I am with you."  
Isaiah 41:10

God heals me  
inside and out!



God can heal me from sickness.

"LORD my God, I called to you for help, and  
you healed me."

Psalm 30:2

God heals me  
inside and out!



God can heal me from anger.

"Have mercy on me, LORD; heal me, for I  
have sinned against you."

Psalm 41:4

God heals me  
inside and out!



God can heal me from selfish thoughts  
and actions.

"Confess your sins to each other and pray  
for each other so that you may be healed."

James 5:6

God heals me  
inside and out!



God can heal me from wrong choices  
I have made.

"If my people . . . will pray and seek my  
face and turn from their wicked ways, then  
I will hear from heaven, and I will forgive their  
sin and will heal their land."

2 Chronicles 7:14