

# DISCOVERING GOD'S TREASURE: WHO I AM IN CHRIST

# Lesson 1

Small Group Lesson Plan | Intermediate (Grades 3-6)

## **LESSON 1: Who Can Become God's Child?**

## **Bible Story**

Jesus is Born of God Luke 1

#### **Bible Verse**

"But to all who believed him and received him, he gave the right to become children of God. They are reborn—not with a physical birth resulting from human passion or plan, but a birth that comes from God." *John 1:12-13* (*NLT*)



#### **Identity** | Who God Says I Am

I can be a child of God!

#### **Materials**

- A Bible
- A snack and a nametag for each student
- A squishy ball\*
- A sheet of 8 ½-by-11 inch copy paper, one per child
- Colored markers or crayons
- "How are you feeling?" Emoji Chart\*
- Small group prayer request sheet
- Handout 1, one printed copy
- Activity Bag (see suggested items below)
  - Plastic straws or pipe cleaners
  - o A roll of tape
  - o Paper clips
  - o Balloons
  - Index cards

Note: The bag can be any random combination of supplies and can be different for each group. Look for items around home. Be creative!

\*Materials marked with an asterisk are in the CKC Games Bag.





# Small Group Session 1 15 Minutes

#### **Opening Icebreaker**

Distribute name tags and snacks. Choose one of the following icebreaker activities to do together while students eat their snack:

- Ask the children to turn to their neighbor and find out three interesting facts about them. Then ask each child to share one interesting fact they learned about their neighbor with the rest of the group.
- Let the children take turns sharing how they're feeling today using the "How Are You Feeling?" emoji chart (from the CKC Games Bag).
- As the children are eating their snack, ask each one to describe their favorite food (without saying what it is) and invite the other children to guess.

### **Pray Together**

Start a brief conversation with one child in the group. Then explain that prayer is simply a two-way conversation with God.

We get to share with God what is on our hearts, and we get to listen for his response. It's okay if you don't know what that looks like just yet. We will keep track of our prayer requests this year and see how God answers our prayers. As we do, we will get to learn together how God speaks to each of us.

Collect prayer requests from the students.

The small group leader or a child who volunteers may pray for the entire group.

**Small Group Game: Clap Ball** 

Materials needed: A squishy ball\*

Instructions: Seat children in a circle facing each other. The first child throws the ball up in the air and must clap once before catching the ball. Then the ball is passed to the next child who must do the same. The ball continues around the circle until it gets back to the first child, who then must clap twice before catching the ball and passing it. Continue to increase the challenge by adding claps in between catches. For competitive play, eliminate players from the circle who fail to clap the required amount of times or who do not catch the ball until you have one player remaining.





# Small Group Session 2 35 Minutes

#### **Identity Exploration**

Give your group a bag with a variety of random objects inside and tell them they have five minutes to create something. When the time is up, ask students to present their creation and explain what it is.

Ask the children, How do you feel toward your creation?

We were God's plan from the very beginning! He chose you from before the foundations of the world. We can easily forget that he is the reason we were born. You are wanted by God. You were his creation, he chose to create YOU!

Give each child a sheet of paper and colored markers or crayons, and have them draw a self-portrait. As the children are creating their self-portrait, ask the children to share if they have any features about themselves that are similar to their parents.

As the Son of God, Jesus reveals the entire truth about who God is and what he is like. In a similar way, children of God are also called to show who God is and what he is like, but that does not happen by human effort. By the power of the Holy Spirit, God does the work inside our hearts to make us into his children. Remember from today's story, nothing is impossible for God!



**Prayer** | A two-way conversation with God

Ask the children some of the following questions:

- What do you think prayer is? (Talking with God)
- Have you ever prayed? Why did you pray?
- Do you feel comfortable talking to God?
- Do you have to use special words to pray? Why or why not?
- What kind of things can you pray about?
- How do you know that God listens? (God says so in the Bible & He keeps His promises)
- What can you pray for today?





Before club, cut out the cards in Handout 1.

Read the following Bible verse aloud:

"You fathers—if your children ask for a fish, do you give them a snake instead? Or if they ask for an egg, do you give them a scorpion? Of course not! So if you sinful people know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask him." *Luke* 11:11-13, *NLT* 

**Let's consider what Jesus is trying to tell us about prayer here.** (Hold up the corresponding cards from Handout 1 as they are mentioned.)

If you ask your parents for a fish, would you expect them to give a snake? If you asked your parents for an egg, would you expect them to give you a scorpion?

Let's think about it another way. If you asked one of your parents for a pair of shoes, would you expect them to give you a stick instead? If you asked your parents for milk and cookies, would you expect them to give you a worm? Ew!

If we are God's children, then we can call God our Father. What do you think Jesus is trying to tell us about prayer?

Take student responses.

Jesus is asking us to consider God's goodness as we bring God our prayer requests. We are not perfect, and our parents are not perfect, but people still know how to give good gifts to one another. Jesus wants us to pray to Father God trusting that he is full of goodness and generosity toward us.

Knowing in our hearts that God is eager to demonstrate his goodness and generosity toward us, let's pray to the Father now. Does anyone have any additional prayer requests we can pray for? (You may also refer back to the small group prayer request sheet.)

Pray together as a small group.

#### **Bible Verse Game**

Review the Bible verse with a <u>Bible verse game</u>.

"But to all who believed him and received him, he gave the right to become children of God. They are reborn—not with a physical birth resulting from human passion or plan, but a birth that comes from God." *John 1:12-13 (NLT)* 





#### **Treasure Chest Handout**

Give each student a treasure chest handout and some colored markers or crayons. Invite the students to write down something they discovered about Jesus and something they discovered about themselves inside their treasure chest. Students should also circle the tool that they used in a small group to help them discover those truths. As the students are completing the handout, ask students to think about how they can use that tool during the week.





# Handout 1





Name: Story:



