



# Lesson 5

## Free, Healed, Whole

### Large Group Lesson & Games

<p><b>Bible Story</b></p> <p>Jesus Proclaims the Good News</p> <p><i>Luke 4:16-44</i></p>	<p><b>Materials</b></p> <ul style="list-style-type: none"><li>• A Bible</li><li>• A brown paper shopping bag</li><li>• A marker</li><li>• Six foam dodgeballs</li></ul>
<p><b>Bible Verse</b></p> <p>"God blesses those who are poor and realize their need for him, for the Kingdom of God is theirs."</p> <p><i>Matthew 5:3, New Living Translation</i></p>	
<p><b>Key Teaching Point</b></p> <p>Receive God's healing, wholeness and freedom.</p>	

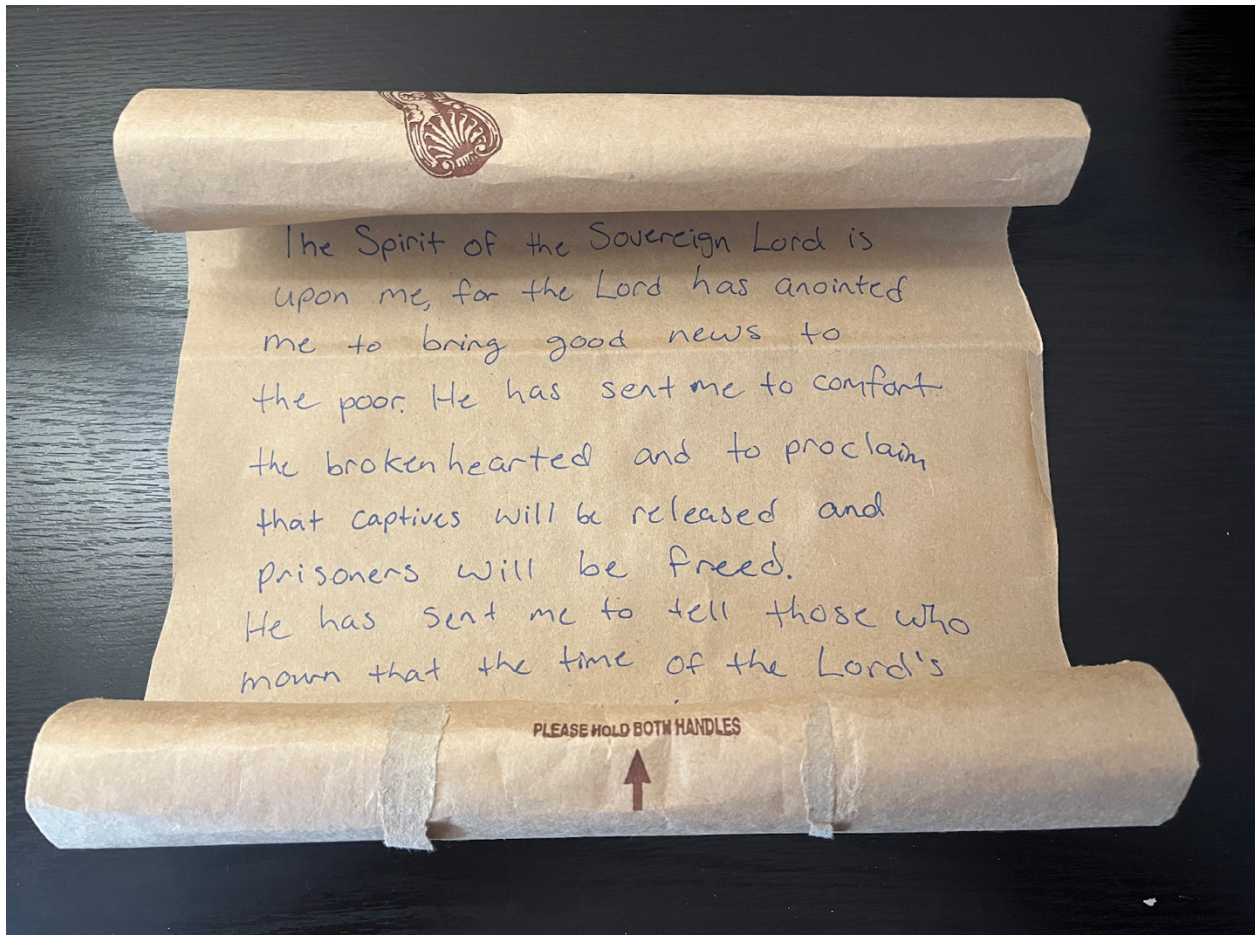


# Large Group Lesson

(15 Minutes)

Before the club begins, cut out the front panel of a brown paper shopping bag. With the blank side facing up, partially roll up the top and the bottom of the bag. In the middle where it is visible, write the following:

The Spirit of the Sovereign Lord is upon me,  
for the Lord has anointed me  
to bring good news to the poor.  
He has sent me to comfort the brokenhearted  
and to proclaim that captives will be released  
and prisoners will be freed.  
He has sent me to tell those who mourn  
that the time of the Lord's favor has come. (Isaiah 61:1-2, NLT)



Many, many years ago, God's servant and messenger Isaiah declared the following message from God...



Invite one willing student to come up and read from the scroll.

**But there was one who was greater than Isaiah who was going to arrive years later and speak the same message. Entering a synagogue in the place of Jesus's boyhood, Jesus read...**

Invite another student to come up as Jesus and read from the scroll. Then, have them add (or repeat after you): **"Today, this scripture has been fulfilled this very day!"**

**On that day, the people were amazed by the words that Jesus said. They wondered how this could be the same Jesus who grew up amongst them, whose father was Joseph.** (Have the children put their hands behind their ears as if willing to listen.)

**Jesus, knowing the thoughts in their hearts, said, "You'll say to me, do miracles here in your hometown like you've done elsewhere!" But I tell you the truth, no prophet is received in his own hometown. For Elijah was not sent to the people of Israel, but instead to foreigners, who received salvation and healing!**

**Now the people were outraged, they would hear nothing else.** (Have the children cover their ears.) **They tried to kill Jesus by throwing him off a cliff, but Jesus escaped and went on his way to another town.**

#### Mini Skit #1: Luke 4:31-37: The Captives Are Released

You will need two student volunteers to play a brief speaking part, one to be Jesus, and one to be the man with an evil spirit.

**In a synagogue in another town, a man controlled and held captive by an evil spirit cried out, shouting: "Go away! Why are you interfering with us, Jesus of Nazareth? Have you come to destroy us? I know who you are-the Holy One of God!"**

**So Jesus commanded, "Be quiet and come out of the man!" and the man fell down as the evil spirit left him without hurting him further. The people who saw what happened were so excited! They knew Jesus spoke and taught with authority, but now they knew that he had power from God to heal people and to free them from evil spirits.**

#### Mini Skit #2: Luke 4:38-39: The Sick Are Healed

You will need three student volunteers, one to be Simon, one to be Simon's mother-in-law, and one to be Jesus.



**After leaving the synagogue where the man was set free, Jesus said to Simon, “I’m coming to your house today!” Upon entering Simon’s house, Jesus found that Simon’s mother-in-law was very sick with a high fever. Simon pleaded to Jesus, along with everyone in the house, “Please heal her!” (Invite the rest of the children to also say this with Simon.) Standing at her bedside, Jesus rebuked the fever and it left her. She got up once saying, “What am I doing here in bed, who is hungry?!” She went on to prepare a meal for her houseguests. Hearing news of this, many people throughout that village brought sick family members to Jesus. No matter what their diseases were, the touch of his hand healed everyone!**

**In these two skits, how do you see Jesus living out what he came to do?**

Take student responses. Read from the scroll once more if the children need a reminder.

**Why do you think these people received healing, freedom and wholeness from Jesus, but not the people in Jesus’ own hometown?**

Take student responses.

**We’ll talk more about how we can receive these things from Jesus in our small groups today. Before we do, what does today’s story tell us about who God is and what he is like?**

Take students' responses, then dismiss children to their small groups.



# Large Group Games

(25 Minutes)

## MEDIC (DODGEBALL)

### **Materials: six foam dodgeballs**

To play dodgeball, you will need a basketball court or an outdoor playing area with boundary markers for sidelines and a center line dividing the two teams. Divide the students into two teams, one for each side of the playing area. Place six dodgeballs on the centerline, which students may race to grab when the game begins. The goal is to throw the balls to hit players on the opposing team, keeping in line with the following rules:

1. You are out if you step over the centerline or out of bounds.
2. You are out if a ball hits your body (NO balls allowed to hit above the chest)
3. You are out if someone catches a ball you threw.
4. You are safe if you are hit by a ball that has bounced off the floor, wall, or another player first.
5. You may block balls with a ball in your hand, but if you drop the ball while trying to block, you are out.

Designate one “Medic” per team. The person who is “Out” sits down where they are with arms raised. The “Medic” can help the person who is “Out” get back up again and resume play. The “Medic” cannot become “Out,” even if they are hit with a dodgeball.

## THE HUMAN KNOT CHALLENGE

### **No materials needed.**

Assign students into several groups of about six children each, with each group forming a circle. It is preferred if you can keep children of similar age in groups together. Tell students to put their right hand up in the air and grab the hand of someone across the circle from them. Then repeat this, now with the students’ left hands. Check to make sure that everyone is holding the hands of two different people and that they are not holding hands with someone on either side of them before you continue. Then each group must try to untangle themselves to form a circle without breaking the chain of hands.

