



Lesson 6

Satisfied In Him

Large Group Lesson & Games

<p>Bible Story</p> <p>The Woman at the Well</p> <p><i>John 4:1-34</i></p>	<p>Materials</p> <ul style="list-style-type: none">• Pitcher of water• Two plastic cups per child• One straw per child• A device with a timer• A box of saltine crackers
<p>Bible Verse</p> <p>“God blesses those who hunger and thirst for righteousness, for they shall be satisfied.”</p> <p><i>Matthew 5:6, New Living Translation</i></p>	
<p>Key Teaching Point</p> <p>Receive true satisfaction in the love of Jesus.</p>	



Large Group Lesson

(15 Minutes)

“Are you thirsty?” Object Lesson

We are going to play a game to see who can eat the most saltine crackers in two minutes. Whoever can swallow the most saltine crackers in two minutes, wins. You must go one at a time and you cannot drink water or any liquid during the two minutes.

Handout five saltine crackers to each student, and refill when needed.

Ask students the following questions:

- **What does your mouth feel like right now?**
- **What would you say if I told you couldn’t drink water for the rest of the day?**

What does it feel like to be thirsty? What do you think it means to thirst for God?

Take student responses.

For the following two questions, ask students to guess the answer by raising their hand as you call out the numbers. Start from the highest numbers and go to the lowest. (100 days, 50 days, 30 days, 10 days, 7 days, 3 days, 1 day) The answers are provided below.

- **How many days can humans survive without food?** (Thirty days!)
- **How many days can humans survive without water?** (Three days!)

A person can survive without food for thirty days and without water for only three days. Our bodies are designed to get thirsty because it helps us remember to drink the water we need to survive. God has also designed us with a different kind of thirst: he has designed us to thirst for God! God designed us to thirst for him because he knows that without Jesus, we cannot receive never-ending spiritual life, life forever with him!

For the Bible story, an adult leader will narrate as the Samaritan woman at the well telling her story. The children should sit in a circle around the Samaritan woman. Give each child an empty plastic cup (re-use these plastic cups for the large group game). Choose one of the children and pour water into their cup. Each time that the word WATER is mentioned, the child with water in their cup will pour it into the cup of the person to their right.

Let me tell you a story about a man who told me everything I’ve ever done! One day, I brought my WATER jar to the well just outside of town. I always go to the well to draw WATER at the hottest hour of the day so that I can avoid meeting other people there. Let’s just say I’ve made a lot of mistakes



in my life, and everyone in town knows it. When you have a bad reputation, you don't really want to be around other people. However, on this particular day that I went to the well, I realized that someone else was there when I arrived. I expected him to leave as soon as I got there, but to my surprise, he didn't leave. Instead, he spoke to me, and he even asked me to get him a drink of WATER!

I could not believe he was asking me for a drink of WATER! When I told him my surprise at this, he said something really strange. He said: "If you knew what God wants to give to you, and if you knew who I was, you would be asking me for a drink of living WATER."

I had to laugh when I heard this! I noticed that this man didn't have any buckets to draw WATER with, and this was a really deep well! It's just not possible to get WATER from this well without them. And living WATER...what does that even mean? The WATER from this well isn't anything special. I would know, I've been getting WATER from this well for years!

If that wasn't enough, this man then tells me that those who drink the WATER that he gives them will never thirst again, and that this WATER is just like a fountain that's constantly bubbling up with fresh WATER that gives everlasting life to those that drink it. Have you ever heard of such a thing? I hadn't, but all I knew is that I wanted that kind of WATER...I would never have to go draw WATER from the well again! So I asked him, pleading with him: "Sir, give me this WATER!"

Then our conversation really got interesting. Instead of giving me this WATER, this man began to tell me everything I'd ever done. He knew about all the mistakes that I had made, even though I'd never met this man before in my life! I thought that there could be only one explanation for this: this man knew God.

So I thought I'd tell him just about the only thing I knew to say. I said, "I know that the Messiah is coming, and that when he comes, he will explain everything to us!" Then, to my surprise, this man responded with just three words: "I am he."

I realized that I wasn't feeling thirsty anymore. This encounter with Jesus was the living WATER that I didn't even know I needed! That day, I came to the well thirsty, but I left filled and satisfied! In fact, I was so satisfied by what I heard, that I left behind my WATER jar to go extend an invitation of my own to other people in town: "Come see a man who told me everything I ever did! Could this be the Messiah?!" (End of skit.)



It feels great to get a nice cool drink of water when you're thirsty, doesn't it? Water keeps our bodies alive, but it can't compare to the living water that keeps our spirit alive and aware of God. This is the living water Jesus wants to give us, and it gives us satisfaction and joy of knowing the love of God just like it did the Samaritan woman! Do you want to receive this living water?

If you'd like to receive from Jesus joy and satisfaction in your spirit and know the unending love of God, you can hold out your hands as if you're receiving a gift. Let's pray together.

Father in Heaven, I pray for each one with outstretched hands that you would show yourself as the wellspring of living water who loves to pour out your never-ending love for your children. Keep their spirits alive and aware of who you are and how much you love them. Amen.

We'll talk about what it looks like to truly receive this gift and put it into practice in our small groups!

Dismiss children to their small groups.



Large Group Games

(25 Minutes)

RUN FOR YOUR SUPPER

No materials needed.

Have students stand in a circle and hold hands. Choose one student to be “It” and have them walk slowly around the circle. The player who is “It” may choose any place in the circle and separate two hands. The player who is “It” yells “Run for your Supper!” and takes one of the player’s spots in the circle. The two players whose hands were separated must run in opposite directions around the circle and race to claim the remaining empty spot. Whoever loses the spot is “It.” Play continues until the leader stops the game.

DRAWING WATER

Preparation: Give each child a straw and two plastic cups (use the same cups from the large group object lesson). Have each child set their two cups on the ground in front of them. Come around with a pitcher of water and fill one of their plastic cups halfway with water.

Give each student a straw and two cups, with one empty cup and one cup filled halfway with water. Demonstrate how to hold water in the straw by placing it in the cup filled with water, plugging the top with a finger and lifting the straw. Then, show students how to place the water into the empty cup by placing the straw in the cup and removing your finger from the top. On “go”, give students two minutes to transfer as much water as they can from the cup filled with water to the empty cup. When the timer stops, place the cups in the center and compare how much water each student transferred to their empty cup. The student that drew the most water in two minutes time wins.

